

# Kids Planet

Learning through play.  
A helpful guide.



# Babies (Age 0-11 months)

- Babies age 0-11 months love sensory play for example lights, different textures and materials. This will help them learn by wanting to move their muscles and develop their senses.
- Babies age 0-11 months need lots of motivation to develop their muscles to start to crawl, walk and move. Walkers, playmat's and jumperoos are very helpful with this and encourage children to move. This will help encourage your child to develop their physical development.
- Babies age 0-11 months need lots of stimulation. We do this at nursery by lots of messy play such as painting, gloop (cornflour mixed with water), shredded paper play, paint covered over in cling film. This helps children learn in a variety of ways such as communication, physical development.
- Babies age 0-11 months love to play in sand and water. This can be done by freezing water into ice and adding animals, dinosaurs, water creatures, paint.
- Other ideas include making a beach scene, sand dunes with trucks etc, sand with different containers, water with paint added in to make different colours, whisks, paint brushes etc. Lots of singing and musical instruments such as rattles and objects they can shake that make a noise and peak a boo games.
- This helps children to explore and learn through play e.g. physical, communication, understanding the world development and numbers.

# Babies (Age 0-11 months)



# Woddlers (Age 11-23 months)

- Woddlers age 11-23 months although very similar to the baby age group, does have its differences.
- Activities suitable to woddlers would be finding body parts such as nose, tummy and eyes through naming games or songs such as (head shoulder knees and toes and put the ball on your head on your head etc)
- Children that this age also love lots of light play, sensory play using materials etc.
- Children also love music and start to move to music and dance such as baby shark. And include instruments.
- Woddlers also love playing with small world toys such as cars, people, train tracks, trains, animals. We like to be creative at nursery for example make animal scenes using wood slices, natural materials such as leaves, also we may make a city scene using cars and sticky tape or chalk to make roads. This helps children with their understanding of the world, physical and communication development.
- Also other ideas are combining objects together such as stackers and watching toys being
- Children also love music and start to move to music and dance such as baby shark. And include instruments. It is important at this age that numbers are included in songs (five little ducks) and every day play such as counting as you encourage and help your child build towers.
- Also other ideas are combining objects together such as stackers, and again lots of messy play such as paint.

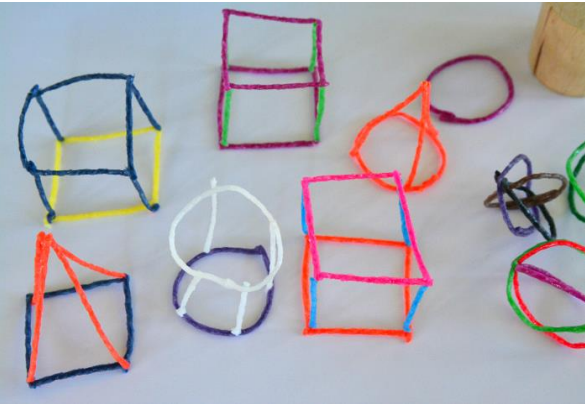
# Woddlers (Age 11-23 months)



# Toddlers (Age 23-35 months)

- Toddlers activities can be similar to woddler activities also as this is such a wide age bracket.
- Children are very interested in stories at this age, they love stories such as the gruffalo, room on the broom etc.
- They also love picture books of animals, places they know and especially of people they know and love and enjoy identifying them and for example the sounds the animals might make.
- Children at this age also love technology/Home corner resources e.g. pretend tills, shopping trolleys etc.
- Children love to mark make at this point using chalk, paint, pencils, crayons and not just on paper on a variety of surfaces such as cling film, tin foil, outside walls etc.
- The children at this age need lots of number and shape activities.
- Some ideas are to go on shape and number hunts, include shapes in mark making activities, make shapes out of pipe cleaners as something different. Stackers sometimes can be used as shapes.
- Some number activities are counting big and small objects, organising and categorising objects such as all the teddy bears in one section and all the baby dolls in another section.
- Counting as you scoop sand/water, counting as you build towers etc.
- Children at this age love simple jigsaw puzzles, threading activities, small world activities such as beach scenes, zoo scenes.

# Toddlers (Age 23-35 months)



# Pre-school & Prep-school(Age 35-60 months)

- Children at this age can understand more about reading, down to guessing how the story ends, using made up story cards to make their own story (the crazier the better), they will start to retell the story back to you and their communication starts to soar because of this.
- Children also love more inspiring and creative small world such as fairy gardens, space men and they even love to have costumes to dress up as different characters.
- Mark making is so important at this age, from using full hands to being more precise and developing grip, such as using one finger to make letters in gloop, using a pencil to start forming letters and also using phonics to start to form words such as C-A-T. The video of the kids allowed phonics song can be found on YouTube.
- Children also love natural activities such as combining and mixing sticks, mud, leaves, even resources in your back/front garden.
- Children at this age are more curious about everything, so its great to have that communication on talking about things such as 3D shapes, numbers and how to write/draw them using for example whiteboards/chalk boards.
- Other ideas of activities we would do is mindfulness breathing/calming superhero poses, mixing textures to create new textures, building obstacle courses, looking at patterns/colours.

# Pre-school & Prep-school(Age 35-60 months)

